

First Aid at Work

This is to certify that

Duncan Jones

Has completed and passed First Aid at Work (18 hours) and gained skills and knowledge under the **Health and Safety (First Aid) Regulations 1981**

Date: 23rd June 2023

This certificate is valid until 23rd June 2026

GJ Training & Consultation is a fully accredited First Aid Training Provider under **The First Aid Industry Body** (registration number 1117) and the **Federation of First Aid Training Organisations**



Course trainer: Graham Jerrom

Signed by: *G. Jerrom*

Course content:

- First aid legislation
- First aid kits
- Roles and responsibilities of the first aider
- Primary and secondary survey
- Unresponsive non-breathing casualty – CPR (adult, junior & baby)
- Unresponsive breathing casualty – Recovery Position
- First aid illnesses, events and conditions
- Asthma
- Low blood sugar – Diabetes
- Shock and fainting
- Sepsis and meningitis
- Seizures
- Choking
- Defibrillators
- Tourniquets, dressing of wounds and slings
- Allergic reactions
- First aid incidents
- Eye injuries
- Fractures and dislocations
- Spinal and head injuries
- Burns and scalds

First Aid Training & Consultation